

These questions are meant to guide you and your partner to define and evaluate your purpose together. There are multiple benefits to asking these questions, and your anniversary is a great time to do so. This is your opportunity to tune in and listen to each other, hopefully distraction-free.

1. How have we changed this year?

2. What obstacles have we gone through individually?

And how has our relationship weathered them?

3. What hardships have happened in our relationship?

Did we resolve them? Or are there things we still need to work through?

4. What turns me on about you after all these years together?

5. What do we want to accomplish individually this next year?

And as a couple?

6. What three things do I appreciate about you?